

Activity list for Single and Annual Multi-Trip Policies

Master policy numbers RTYIT40115 A&B

Unlike other policies we cover many sports and activities as standard and, no additional premium is required for activities listed in Activity Pack 1. We have categorised the activities that are not covered as standard into seven further bands. If you do not see your chosen activity, do not worry, we may be able to cover it, but you must contact us so we can discuss the activity and what, if any additional premium is necessary. The activities are covered on the basis that your chosen activity is not the sole purpose of your trip (with the exception of winter sports whereby you can opt to have specific winter sporting activities included, which will be covered for the entire duration of your trip). All of the activities are

covered on a non-professional and non-competitive basis, unless otherwise stated. Any claims which arise whilst undertaking any of these activities for any purpose other than leisure (examples of non-leisure purposes include professional / semi-professional / paid / sponsored racing, professional display events, photo shoots, etc..) will not be covered under this policy. If you are unsure please do not hesitate to contact InsuraTrip Sales on: +44 (0) 1483 80 69 09 and we can discuss your individual requirements. We consider 'professional or competitive' to be activities/sports where you are paid for participating in, receive any element of sponsorship, fees or prize money in excess of £200.

Please note those activities marked with an asterisk (*) do not have Personal Accident or Personal Liability cover.

Activity Pack 1 – Covered as standard

Aerobics, Amateur Athletic Field Events, Amateur Athletic Track Events, Angling/Fishing (freshwater), Animal Sanctuary (non big game), Archery(*), Badminton, Bamboo Rafting, Banana Boating, Bar Work, Baseball, Basketball, Billiards, Bird Watching, Board & Card Games, Body Boarding, Boules, Bowling, Bowls, Bridge Swinging, Bungee Jumping, Camel/Elephant Riding/Trekking (UK booked), Camping, Canoeing/kayaking (Grades 1-3)(*), Caravanning, Catamaran Sailing (In-shore)(*), Clay Pigeon Shooting(*), Cricket, Croquet, Curling, Cycle Touring/leisure biking (on road, up to 1000m), Dancing, Darts, Disc Golf, Diving (Indoor up to 5m), Dragon Boat Racing, Elephant Trekking (UK booked), Fencing, Fives, Flag football, Flying as passenger (private/small aircraft/Helicopter)(*), Football/Soccer - Kick Around (any surface), Frisbee (recreational), Golf, Gorilla Trekking (up to 1000m), Highland games, Horse Riding (No Jumping), Hot Air Ballooning(*), Indoor Skating (not ice), Jet Boating(*), Jet Skiing(*), Kiting, Korfball, Laser Tag, Low Ropes, Marathons, Model Flying, Model sports, Moped riding (on road)(*), Motorcycling (on road)(*), Mountain Biking (up to 1000m), Netball, Orienteering, Petanque, Peteca, Pigeon racing, Pony Trekking, Pool, Quoits, Rackets, Racquet Ball, Rafting (Grades 1-3)(*), Re-Enactment, Rifle Range(*), Ringos, River Punting, Rounders, Rowing (inshore –recreational)(*), Safari (UK booked), Sailing/Yachting (recreational - inshore), Scuba Diving (not solo, up to maximum 30m)(*), Snorkelling, Softball, Squash, Stoolball, Swimming (pool - not open water), Swimming with Dolphins, Table Tennis, Ten Pin Bowling, Tennis, Theme Parks, Trekking/Mountain Walking/Hiking/Rambling/Mountaineering (in group) all up to 1000m, Tubing(*), Tug of War, Unicycle riding, **Volleyball, Water Parks, Whale Watching, Yachting (racing/crewing) - inside territorial waters(*), Yoga.**

Activity Pack 2 – Additional Premium required (in addition to the activities listed under Pack 1)

Abseiling (up to 25m), Adventure Racing (up to 6 hours), Airsoft(*), Angling/Fishing (sea), Camel/ Elephant Riding/Trekking (non-UK booked), Climbing (Indoor/outdoor climbing wall up to 25m), Cross Country Running, Diving (Indoor up to 10m), Dry Slope Skiing, Elephant Trekking (non UK booked), Falconry, Flyboarding, Football/Soccer - Organised Amateur, Frisbee (Ultimate Frisbee), Gaelic Football, Gorilla Trekking (up to 2000m), Gymnastics, Handball, Hockey (field), Iron Man, Judo (Organised Training), Karate (Organised Training), Kendo (Organised Training), Lacrosse, Martial Arts (Organised Training), Mountain Biking (up to 2000m), Paint Balling, Parasailing(*), Parascending (Over water)(*), Rap Running/Jumping (Indoor/Outdoor climbing wall up to 25m), Roller Blading/skating/ Skate Boarding/scooters (non motorised), Rugby (training), Safari (non UK booked), Safari Trekking, Sand Yachting, Sea Canoeing/Kayaking (inshore)(*), Shark Diving/Swimming (cage)(*), Shinty, Street Hockey, Surf life saving (organised competition), Surfing(*), Trampolining, Trekking/Mountain Walking/ Hiking/Rambling/Mountaineering (in group up to 2000m), Triathlon, up to 1 day Skiing/Dry slope skiing/ Snowboarding, War Games/Paint Balling, Water Polo, Water Skiing (no jumping)(*), Weight Lifting, Windsurfing/Boardsailing/Sailboarding(*), Wrestling (organised training).

Activity Pack 3 - Additional Premium required (in addition to the activities listed under Pack 1 & 2)

Adventure Racing (up to 12 hours), American Football (Organised/with Safety Equipment), Animal Sanctuary (Big Game), Biathlon, Big Foot Skiing, Blade Skating, Breathing Observation Bubble (BOB), Canoeing/kayaking (grades 4-6)(*), Canyoning, Cross Country Skiing, Equestrian, Flying crew/ pilot(*), Flying Helicopter (Pilot)(*), Glacier Walking, Gliding (non-competitive)(*), Go Karting, Gorge Walking (with ropes), Harness Racing, Hockey (Ice) With Full Body Protection, Horse Jumping (no Polo, Hunting), Horse Riding (Eventing), Husky Dog Sledding, Hydro Zorbing, Ice Skating, Kick Sledding, Land Skiing, Langlauf, Modern Pentathlon, Mono Skiing, Mountain Boarding, Octopush, Off Road Motorcycling (up to 250cc)(*), Passenger Sledge, Power Boating (inshore)(*), Power lifting, Quad Bikes(*), Rafting (grades 4-6)(*), River Tubing(*), Rodeo, Roller Hockey, Rugby (Amateur Game), Sand Boarding, Sand Dune Surfing/Skiing(*), Ski Boarding, Ski Bobbing, Ski Dooing, Skiing, Skiing – Cat(*), Skiing – Mono, Skiing – Nordic, Sledding/ Tobogganing, Sleigh riding (reindeer, horses or dogs), Snow Biking, Snow Mobile/Ski Doos, Snow Parascending, Snow Scooting, Snow Shoe Walking, Snow Tubing, Snowboarding, Snowcat Driving, Speed Sailing (in shore)(*), Speed Skating, Skiing Off-piste (with guide), Speed Trials/Time Trials (Amateur - Organised, not public roads), Summer Tobogganing, Swimming (open water), Telemarking, Tree Top Canopy Walking, Under 17 Driving (not public roads)(*).

Activity Pack 4 - Additional Premium required (in addition to the activities listed under Pack 1-3)

Blowcarting/Land Yachting/Kite Buggy, Boxing Training, Devil Karting(*), Dirt Boarding, Gorge Walking (no ropes), Gorilla Trekking (up to 3000m), High Diving, Jousting, Kite-boarding/surfing, Motorised Buggy(*), Mountain Biking (up to 3000m), Paragliding(*), Parascending (over land)(*), Ski Biking, Ski Blading /Snow Blading, Skiing – Snowcat, Snow Karting(*), Snow Surfing(*), Trekking/ Mountain Walking/Hiking/Rambling/Mountaineering - in group (up to 3000m) Wake Boarding, Water Skiing (jumping).

Activity Pack 5 - Additional Premium required (in addition to the activities listed under Pack 1-4)

Abseiling (outdoor above 25m), Caving/Pot Holing, Climbing (rock & ice climbing), Glacier Skiing, Gorilla Trekking (up to 4000m), Heliskiing, Hurling, Hydrospeeding, Ice Go Carting, Ice Windsurfing, Mountain Biking (up to 4000m), Polo, Polo cross, Rap Running/Jumping (Outdoor above 25m), River Bugging(*), Skeleton, Ski Randonnee (with a guide), Ski Touring (with a guide), Ski Yawing, Skiing – Freestyle, Skiing – Glacier (with a guide), Snow Kiting, Trekking/Mountain Walking/Hiking/Rambling/ Mountaineering- in group (up to 4000m), Via Ferratta, Wind Tunnel Flying/Indoor Sky diving(*), Zorbing/ Sphering.

Activity Pack 6 - Additional Premium required (in addition to the activities listed under Pack 1-5)

Adventure Racing (up to 24 hours), Assault Courses including High Ropes, Cave Diving, Cycle Racing, Cyclo Cross, Freestyle Skateboarding, Gliding (competition)(*), Hang Gliding, Micro Lighting(*), MotoCross(*), Motor Racing/Rallies/Competitions(*), Parapenting/Paraponting(*), Power Boating (off shore)(*), Power Gliding(*), Power Kiting, Rafting (black water grades 1-3)(*), Scuba Diving (not solo - to 40m)(*), Ski Flying(*), Ski Mountaineering, Ski Run Walking, Skiing - Off Piste (Without a guide), Slack-Lining, Wicker Basket Tobogganing, Zip Trekking.

Activity Pack 7- Additional Premium required (in addition to the activities listed under Pack 1-6)

Adventure Racing (up to 36 hours), BMX Freestyle & Racing, Downhill Mountain Biking, Gorilla Trekking (up to 5000m), Kloofing, Mountain Biking (up to 5000m), Scuba Diving (Solo), Solo Climbing/ Mountaineering, Tandem Skydive (up to 2 jumps maximum)(*), Trekking/Mountain Walking/Hiking/ Rambling/Mountaineering- in group (up to 5000m).

Activity Pack 8 - Additional Premium required (in addition to the activities listed under Pack 1-7)

Adventure Racing (up to 48 hours), Airboarding(*), Bobsleigh, Bouldering, Boxing, Bull Running, Cave Tubing, Coasteering, Drag Racing(*), Free Diving, Gorilla Trekking (up to 6000m), Ice Diving, Ice Holing, Ice Marathon, Ice Speedway, Judo (competition), Karate (competition), Kendo (competition), Luge/ Bobsleigh, Martial Arts (competition), Mixed Gas Diving, Mountain Biking (up to 6000m), Parachuting(*), Potholing, Rafting (black water grades 4-6)(*), Rowing (Off-shore Recreational)(*), Sailing/Yachting (Off-shore recreational)(*), Shark Diving/Swimming (no cage, full safety equipment and supervised)(*), Ski Acrobatics, Ski Jumping, Ski Racing, Ski Stunting, Skiing – Para, Sky Diving(*), Sky Jumping(*), Sky Surfing(*), Tree Top Canopy Walking (set up), Trekking/Mountain Walking/Hiking/ Rambling/Mountaineering- in group (up to 6000m), Wrestling (competition), Yachting (racing/crewing) - outside territorial waters(*).

BE AWARE!

Please refer to the Conditions and Exclusions on page 9, particularly items 14 & 15 (in respect of Motorcycling, Moped riding and Quad-biking) and 20.